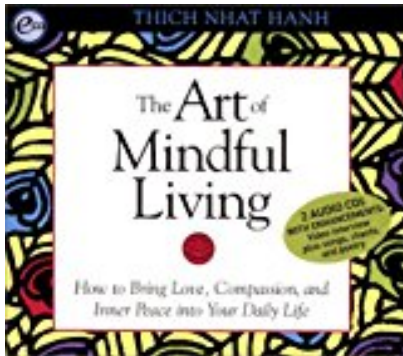


# The Art of Mindful Living How to Bring Love Compassion and Inner Peace into Your Daily Life

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## BOOK SYNOPSIS

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